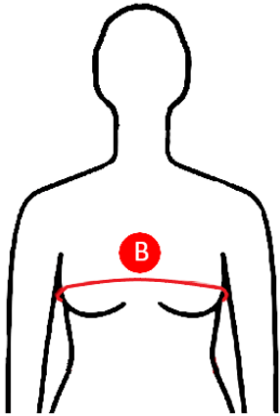
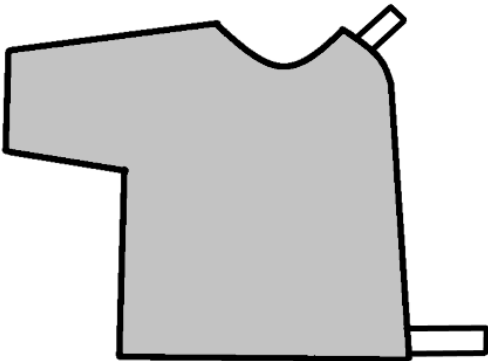


Instruction for Use: Plastrons

Please read and keep this information for future reference!



Size ^B	Boys	Women	Men
XXS	64-80		
XS	80-88		
S		80-88	84-92
M		88-96	92-100
L		96-104	100-108
XL		104-116	108-120
XXL		116-122	120-128



Instructions for use

How to choose correct type and size

Refer to the rules of national fencing federation to determine correct protection level. In general, protection level 1 is for practice only. In competition where level 2 material is required, the use of a level 2 plastron is mandatory. The level of protection is indicated on a sewed patch on the front.

Refer to the table to the left to determine correct size, the measurement is in centimeters. Special sizes can be made custom made.

All plastrons are suited for all weapons. Please be aware that there is a difference between left- and right-handed plastron; choose according to the armed hand. On the label you can find an indication on which side the plastron is to be used.

How to use the jacket/breeches

Use the sleeve of the plastron on the armed arm for extra protection, especially the armpit. The plastron is to be used under the jacket. Use the Velcro to keep the plastron in the correct place.

Do not use a left-handed plastron on right-handed armed arm (and vice versa).

How to take care for the jacket/breeches

The plastron can be hand washed, 30°C max. Do not bleach, dry clean, tumble dry, iron or soak in water for a long time. Especially **do not iron** the material, it can melt when overheated.

The plastron is to be stored in a dry and cool place. Keep it clean: contaminations or solvents may dangerously reduce the performance of cloth.

Warnings

Fencing is a contact sport with weapons and therefore, by its nature, dangerous. This is why Free Fencing recommends using fencing materials of the highest protection level. Though fencing material is designed to prevent/reduce injuries, there are circumstances that the protection is too low. Hits on the back of the head and hits with broken blades are particularly dangerous. Broken blades can penetrate protective equipment.

Check your plastron regularly on defects (like holes, broken seams, tears). Do not use damaged fencing materials. See drawing to the left for protected area.

Conformities

The product is conform EN13567:2002+A1:2007 on protective clothing.